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## 75 Reasons Why People Volunteer

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| 1. Feel needed, important                   | 41. Escape                                    |
| 2. Enjoy a challenge                        | 42. Status                                    |
| 3. Opportunity to be creative               | 43. Have fun                                  |
| 4. Explore career change                    | 44. New ideas                                 |
| 5. Gratitude for service received           | 45. New friends                               |
| 6. Develop skills and experience            | 46. Bring about a social change               |
| 7. Update skills and experience             | 47. Bring about an organizational change      |
| 8. To share a skill                         | 48. Identify with a cause                     |
| 9. To teach a skill                         | 49. Be close to the action                    |
| 10. Get used to working again after illness | 50. To be a resource                          |
| 11. Power                                   | 51. Find a mentor                             |
| 12. Learn about community                   | 52. Be a mentor                               |
| 13. Explore career field                    | 53. Topic of conversation                     |
| 14. Network                                 | 54. Establish peer relationships              |
| 15. Social contacts                         | 55. Look for a significant relationship       |
| 16. Help friend, relative                   | 56. Fulfill a court order (community service) |
| 17. Release guilt                           | 57. Peer pressure                             |
| 18. Increase skills to add to resume        | 58. Potential future job                      |
| 19. School credit                           | 59. To get to know a community                |
| 20. Public relations for employer           | 60. To repay a debt                           |
| 21. Cure loneliness and boredom             | 61. Religious / faith-based beliefs           |
| 22. Be part of a particular group           | 62. To gain leadership skills                 |
| 23. Self-improvement                        | 63. To act out a fantasy                      |
| 24. Excitement                              | 64. Pressure from friend / relative           |
| 25. Use existing skills and experience      | 65. To gain free admission                    |
| 26. Prepare for retirement                  | 66. To get give-aways / freebies              |
| 27. To demonstrate commitment to a cause    | 67. To get something you can't buy            |
| 28. To do a civic duty                      | 68. To be recognized for a talent or skill    |
| 29. Location, location, location!           | 69. Non-verbal expression                     |
| 30. To become an "insider"                  | 70. To instigate                              |
| 31. To be able to criticize others          | 71. To report back to someone (spy)           |
| 32. To be part of a team                    | 72. As a family project                       |
| 33. To test yourself                        | 73. Because it's kid-oriented                 |
| 34. To be a watchdog                        | 74. To get a day off from work                |
| 35. As therapy                              | 75. To get exercise                           |
| 36. To assure progress is made              |   |
| 37. Because of a personal illness           | <b>And...</b>                                 |
| 38. To stand up and be counted              | <b>BECAUSE YOU WERE ASKED!</b>                |
| 39. Because of a personal problem           |   |
| 40. To test your limits                     |   |